**Mini Facelift/Platysmal Plication (Necklift)**

**What is a Mini Facelift?**

Mini Facelift’s are a minimally invasive, outpatient procedure utilizing local anesthesia whisks the same year’s away but with far less risk and at a more affordable cost. Downtime is also considerably reduced. A mini facelift pulls back sagging skin and underlying muscle tissue in the lower two-thirds of the face.

**Where is the surgery performed?**

Dr. Jochen performs mini facelifts in Contour Dermatology’s own private surgical suite which is accredited by the American Association for Accreditation of Ambulatory Surgery Facilities (AAAASF).

**What type of anesthesia is used for the Mini Facelift?**

Local anesthesia for a mini facelift is our preferred anesthetic method. Our AAAASF surgery suite also allows for the use of other anesthesia methods like Twilight sedation.

**How long does the procedure take?**

A Mini Facelift typically takes 3-4 hours and is done as an outpatient service.

 **What can I expect immediately after a Mini Facelift?**

Immediately after a Mini Facelift you should expect moderate swelling. Due to t the nature of the procedure we also require you must make arrangements for transportation home following the surgery. Someone will also be required to stay with you for the first 24 hours.

**Is the Neck lift done at the same time?**

While the mini facelift tightens the lower portion of the face and jowls, a neck lift can complete the freshening process. Some people complain of loose saggy skin. This is due to the platysmal muscle on each side of the neck separating and creating prominent folds of skin in front. At Contour Dermatology, Dr. Jochen performs neck lifts with platysmal plication to address these problems. The ideal situation, if needed, is to combine a mini facelift with a neck lift to realize greater savings, fewer incisions and less downtime.

 **Will there be a scar?**

One of the big advantages of the mini facelift is the relatively small size of the necessary incisions compared to those associated with traditional facelifts. Dr. Jochen pays special attention to the incisions he creates in the course of a mini facelift, building in time to neatly position them around the ears and taking care to suture them so they’re virtually invisible. The overall result is as cosmetically appealing as possible.