

## **Scar Treatment Information**

Many factors determine a scar's appearance and ultimately its treatment. Degree of severity of the initial wound or cut and its location matter, as do age, heredity, sex and ethnicity. Contour Dermatology realizes this and considers each circumstance carefully before recommending a course of action.

#### **CHEMICAL PEELS**

A chemical peel removes the top layer of skin, exposing the layer below. If a scar is close to the surface of the skin, the peel will remove the layer that has the scar. Most scars, however, are deeper. For those scars, chemical peels can be done in phases, with as many as six in a certain period of time. Many people report a significant improvement in their appearance.

#### **DERMABRASION**

Dermabrasion is a technique that uses sand paper to remove the upper layers of the skin. This process injures or wounds the skin and causes it to bleed. As the wound heals, new skin grows to replace the damaged skin that was removed during dermabrasion.

#### **DERMAPEN/DERMAROLLER**

By piercing the dermis, this technic helps to create the growth of elastin and collagen. It really uses the body's own natural healing. The machinery is used to stimulate your own body's healing and at the same time it treats tone, it treats texture. You can go as deep as very, very deep wrinkles and acne scars.

### **FACIAL FILLERS**

Dermal Fillers show great results and improves the appearance of acne scars by lifting the depressed scars. Their effect is temporary. The results can last from between a few months to a year using fillers such as Restylane, Juvederm, and Perlane, etc. However, with a combination of laser treatments and very effective chemical peels, can help dramatically reduce the appearance of scars.

# **LASERS**

Scar treatment uses short pulses of micro-fine laser light to reach deeply into the skin's sub-layers, treating the support structure. Then the body's natural healing process sweeps away older, damaged tissue and rebuilds it with fresh, new collagen and elastin- the crucial building blocks of normal-looking skin. It's a fast and simple procedure that's easy to tolerate and requires little to no downtime.