

~ Don't Sweat It Any Longer...

Botox injections can relieve excessive underarm sweating ~

If you suffer from hyperhidrosis, or excessive sweating, you likely suffer in many other ways as well. Sweating through several changes of clothes each day is not exactly a confidence builder. Those afflicted with the condition frequently isolate themselves, afraid of the stigma associated with copious perspiration. Many people who live with severe primary axillary hyperhidrosis don't even realize they have a chronic, distinct medical condition and even if they do, they'll often avoid visiting a doctor. It's why hyperhidrosis is sometimes referred to as the "silent handicap."



treatment of severe primary axillary hyperhidrosis, that is to say severe underarm sweating that cannot be adequately managed with topical agents.

For many hyperhidrosis sufferers, it's been a godsend. Small amounts of Botox are injected into roughly 20 to 25 spots in each armpit. It can be a slightly uncomfortable procedure, but the use of a very fine needle helps to make the whole process more bearable and a numbing cream can be applied in advance for even greater comfort. Considering that the end result is up to six months relief from sweating, many patients feel a little discomfort is a

Hyperhidrosis usually presents itself in one of two ways. An estimated 2-3% of Americans suffer from excessive sweating of the underarms (axillary hyperhidrosis) or of the palms and soles of the feet (palmoplantar hyperhidrosis). Diseases of a neurologic, endocrine, infectious or other systemic nature can sometimes be the cause, but more often than not cases occur in people who are otherwise healthy. Underarm problems tend to crop up in late adolescence while palm and sole sweating often begins earlier, typically at the onset of puberty. Left untreated, these conditions can dog a person throughout their entire life.

small price to pay.

Speaking of price, fear of not being able to afford Botox as a tool against excessive perspiration can usually be put aside these days. Since the FDA approved its use for hyperhidrosis, many health insurers are providing coverage for the injections and the Botox itself after other treatments have failed.

More than just a wrinkle cure

Due to all the attention it receives as a cosmetic treatment for wrinkles, people tend to forget that Botulinum toxin A (Botox) has actually been used in many other areas of medicine for some time. For instance, it's been shown to be effective in treating muscle spasms and certain types of headaches. Ten years ago, the FDA approved Botox for the

A new lease on life

At Contour Dermatology we recognize hyperhidrosis as a chronic, distinct medical condition. We want to help turn around the lives of those who are negatively impacted by this treatable medical condition. If your sweat quotient exceeds the normal amount required to maintain consistent body temperature, you're likely suffering from some degree of hyperhidrosis. Schedule an appointment today for an accurate diagnosis and appropriate treatment plan, knowing that Botox is a viable option. Don't let hyperhidrosis rob one more minute out of your life.



Proud Parents: May Lissa Kanitz & Bruno Hernandez

CONGRATULATIONS

Oh Boy! It's a Boy for May Lissa Kanitz, MA

Please join the Contour staff in welcoming...

Roman Ezekiel Hernandez

Born October 8, 2014
8 lbs - 21.5 inches long

