
~ Don't Sweat It Out - ~

Botox Helps Hyperhidrosis

"Don't sweat the small stuff," is a great life philosophy. This phrase became the inspiration for an entire series of books, selling more than 25 million copies. But what if what you are sweating is the anxiety of profuse sweating?

Sweating is an essential body function to keep the body cool, but in some people, the sweat glands become overactive resulting in constantly annoying and embarrassing wet underarm circles, or sweaty hands, for example. Hyperhidrosis is a medical condition in which a person sweats excessively and they sweat even when the body does not need cooling. Areas affected by hyperhidrosis include the underarms, soles of the feet, palms of the hands, face and the scalp.



calm down the sweat glands, resulting in four to five months of relief at a time. Patients have indicated they've received relief for six months or more; however, we tell patients the estimated duration based on the information from Allergan, the manufacturer of Botox. Botox is FDA approved for use in the axillary area. Dr. Jochen also has injected it in the soles and palms with good success.

For axillary, the typical dosage is about 50 units of Botox per underarm. Sometimes insurance companies will pay for this treatment, depending on your insurance, and in some cases if you can show that other treatments have failed, such as medications

which have unwanted side effects and topical prescription antiperspirants which are not a great solution for other areas of the body.

Instead of camouflaging your underarm stains by wearing black or dark clothing or constantly applying more antiperspirant which contains aluminum, there is a simple and affordable treatment – Botox. Yes, the same Botox you love to relax your brow wrinkles and crow's feet, can be injected to

If you are tired of dealing with hyperhidrosis, give us a call to schedule a consultation to see if Botox might be a good option to help improve your quality of life.

~ Earlobe Restoration - "Ears Looking at You, Kid" ~

It can happen in an instant. A once beautifully pierced ear becomes a torn earlobe. It could be little one's grabbing hands, getting a hooped earring caught in a shirt or any number of scenarios. What do you do now?

Dr. Timothy Jochen provides expert repair of earlobes including torn earlobes as well as sagging earlobes where

a person has a larger hole piercing than desired due to years of wearing heavy dangling earrings. Dr. Jochen also has successfully repaired the earlobes of people who have stretched their earlobes to accommodate large gauge earrings.

For a torn earlobe or an enlarged hole, he performs a simple outpatient procedure where he cuts away

a sliver of the skin to then suture the fresh skin on each side back together to produce as cosmetically appealing a result as possible, utilizing

specific types of sutures and techniques for a near undetectable result.

Sutures are removed in one week, with a six-week follow up. Ears can then be repierced if desired. In earlobes where the lobe

has lost fat with age and earrings do not present symmetrically, he can simply inject filler to plump up the lobe.

Whether its age, an accident or restoration due to a style of earring that no longer suits you, earlobes are just like any other part of your face that can benefit from cosmetic rejuvenation.



Before



Immediately After