

~ La Rue Cole Gives SkinMedica HA5 A High Five ~



As a Patient Care Coordinator at Contour Dermatology, La Rue Cole advises patients on the best cosmetic procedures and skin care products for their individual needs so she is well aware of all the benefits of each treatment and product. She also personally

tries each new product so she can have first-hand knowledge. La Rue has incorporated many Contour products into her skin care regimen.

Her new favorite is SkinMedica HA5 – a hydrating complex with five sources of hyaluronic acid. “I’m in love with this product,” said La Rue. “I use it morning and night. Even at the end of the day, my face still feels soft from the morning application.”

For people with dry skin, she recommends they use it before their moisturizer, but for her personally, she says, “I don’t even use a moisturizer any more, just the HA 5. I’m not a super dry skin person.”

SkinMedica HA5 is designed to help your skin produce its own moisture. “It’s like putting a topical filler on your face,” said La Rue. “In just a few minutes after applying it any small lines look so much better and they stay looking that way throughout the day.”

This product is not just a woman’s product. “Men and women are both loving this product,” said La

Rue. “They like that they can see results in about 20 minutes.”

Patients who use Retin-A can simply blend the HA5 with their Retin-A or apply it on top of the Retin-A.

Special offer: SkinMedica HA5 retails for \$178 for a 2-ounce bottle. If you mention that you read about it in The Skinny, you’ll receive a 15% discount to try it.

Below is La Rue’s current skin care regimen, but she says she is always mixing it up. La Rue is a big proponent of product layering. She also uses two different cleansers from two different brands – a gentler one for morning cleansing and a stronger cleanser at the end of the day.



LA Rue’s Morning Routine

- Obagi Foaming Gel Cleanser
- SkinMedica Lytera for skin brightening
- SkinMedica Vitamin C+E- antioxidant protection
- SkinMedica HA5 – hydrating complex
- Obagi Elastiderm Eye Cream
- Neova DNA Repair SPF 25 Sunscreen

La Rue’s Evening Routine

- SkinMedica AHA/BHA Exfoliating Cleanser
- SkinMedica Rejuvenative Toner
- SkinMedica Vitamin C+E
- SkinMedica HA5 blended with Renova
- SkinMedica Eye Repair



~ Congratulations to Contour Medical Biller Natalie Orozco & Her Family ~

Please join the Contour Staff in welcoming
Charlotte Rose Auldridge

Born March 8, 2016 ~ 7 lbs., 14 oz., 19 ¾ in.
Proud Parents: Natalie Orozco and James Auldridge

